



# Glengarry News

30<sup>th</sup> October, 2008

No. 17



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## REMINDERS

|                                  |   |
|----------------------------------|---|
| Fri. 31 <sup>st</sup> October    | Assembly, Room 12                                   |
| Wed. 5 <sup>th</sup> November    | Schools "Walk There Today"                          |
| Fri. 7 <sup>th</sup> November    | House activity                                      |
| Wed. 12 <sup>th</sup> November   | Clancy's incursion<br>HOPE excursion to Tamala Park |
| Thurs. 13 <sup>th</sup> November | Choir to Arena Joondalup                            |

**Funstation** at Whitfords has offered to provide **school lunches** to the school on Monday to Thursday. This initiative has been passed by both the P & C and the School Council.

They have organised a menu to fit the Healthy Eating and Drinking Policy with foods mainly in the green section with some amber choices. The Wednesday specials have been chosen from the Star Choice Buyers Guide which is the official guide for all school canteens.

### PROCEDURE:

- Please write your child's name, room number and order on an envelope.
- Enclose the correct money in the envelope.
- Place the order in the classroom box before 9.00a.m.

This service will commence on **Monday 10th November**. Thank you to Jo Lewis and Vanessa Silvestro for their organisation. The menu will be sent home next week.

We welcome Alison Leitch to the **School Council**. Alison joins Michael Pannell, Carolyn Noble, Stephanie Garcia and Julie Burston as your parent representatives on the council.

The purpose of the School Council is to enable parents and members of the community to take part in:

- establishing and reviewing of school priorities and general policy direction, planning of financial arrangements necessary to fund the priorities etc., evaluate the school performance and formulate codes of conduct for students at the school.
- determining in consultation, the dress code for the students.
- promoting the school community.
- approving charges and contributions.
- providing advice on general policies concerning school spiritual or moral values.

**Congratulations** to the following students who competed in the Optional State Championships for Gymnastics WA:

|                            |   |
|----------------------------|---|
| Olivia Richardson (Year 2) | 1 <sup>st</sup> place – vault<br>6 <sup>th</sup> place – beam |
| Stacey Mitchell (Year 2)   | Level 1 comp.   |
| Lauren Mitchell (Year 5)   | 1 <sup>st</sup> place – floor                                 |

**Janet Iacomella,**  
**Principal**

## PHYSICAL EDUCATION AND HEALTH

### Icy Poles

Thank you to everyone who bought an icy pole. Next week we will sell the remaining stock. Year 6s & 7s – Monday. If there are any icy poles remaining, PA announcements will be made later in the week to let other year groups know. They are yummy 100% fruit (that's no colours, added sugars or preservatives). Children who wish to purchase one need to bring \$2.

### Active After School Sports Club

We have a great group of children keeping active after school. First term 2009 will be for Year's One and Two. Please email me to save you a spot if you are sure you will want it at [pam.algar@det.wa.edu.au](mailto:pam.algar@det.wa.edu.au)

### House Activity

The next house activity will be held on Friday 7 November. The "You Can Do It" focus for the first three weeks of this term has been organisation. Your child will need to be organised with their hat and drink bottle if they are participating in an outdoor activity.

**Banks** - Art Activity      **Dampier** - Music      **Forrest** - T&E Activity      **Sturt** - Sports Tabloid.

*Pam Algar, P E Teacher*

## YEAR 5 MAI TEST

All students in Year 5 will be taking part in a listening test as part of the selection process to determine students who may be offered tuition with the School of Instrumental Music. The test is a 30 minute, multi-choice listening test which is done as a class and the results are not made public. Students are not expected to sing or perform in front of the teacher or an audience. This year the test will take place in Week 4. Parents who do not wish their child to be assessed should contact the office during Week 3.

*Jan Ruscoe, Music Teacher*

## SCHOOL COUNCIL

We are calling for nominations for one community representative on the school council. This person can be any member of the school community. The school council meets approximately once a term. You can self nominate or if you know of someone who may be interested please check with them first before nominating. Please complete the slip below and return it to the office by 4 pm on Friday, 7<sup>th</sup> November, 2008.

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### GLENGARRY PRIMARY SCHOOL COUNCIL - NOMINATION SLIP

I ..... (print)

nominate ..... (print)

to be a representative on the Glengarry Primary School Council.

Signature of Nominator ..... Date .....

Signature of Nominee ..... Date .....

**Nominations close on Friday, 7<sup>th</sup> November at 4.00 p.m.**

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# P & C NEWS

## **“WALK THERE TODAY”**

Don't forget that Walk There Today is on next Wednesday 5th November. We will have stickers, give-aways and fresh fruit for all our walkers. We look forward to seeing lots of students walking to school on this day.

*Sharryn Chapman, President, P&C*

## **HOPE NEWS**

**Mobile Muster** - Time to 'Spring Clean' out old mobile phones and accessories and return them for recycling! The School is taking part in the MobileMuster National Schools Recycling Challenge and we are asking all students and families to bring in old mobiles, batteries and accessories to the school. We are aiming to collect 14kgs of mobile phones, batteries and accessories to be eligible for a reward of 50 native trees to plant at the school. We only have until 14 November, so please get hunting! Ask your family and friends if they have any you can recycle at school. Please bring them into the front office and place them in the box provided.

**Weed Audit** - we have the results of our recent weed audit of the Alfreton Reserve bushland which was undertaken by the HOPE Group last term. A display will be going up in the library in the next couple of days detailing the results. We found several types of weeds including capeweed, clover, oxalis, fescue, freesia and lupin. Our mapping of the weeds shows that most of them are in the areas alongside the paths that run through the bushland. Next year we hope to get the kids involved in regenerating the bushland and may even start a "Friends of" group - watch this space! Many thanks to Richelle Bunbury and Simone Dudley who lent their expertise and that of their work colleagues to this activity.

**Waste Wise Audit** - these results are also in and will be presented to the school at the next assembly in 3 weeks time by Miss Longman's class.

**Recycling** - We are still looking for more volunteers to help with our community recycling. Please call me if you can help on 9246 0790 or 0432 838 080 or email me at [aj\\_leitch117@hotmail.com](mailto:aj_leitch117@hotmail.com)

*Alison Leitch, HOPE Group coordinator*

## **TEA-TOWEL FUNDRAISER**

The gorgeous portraits of students and staff members have been sent off to Class Act Promotions for our 2008 commemorative tea-towel. A HUGE thank you goes to the teachers for supervising the drawings. All going well, a sample of Glengarry's tea-towel will be displayed on the P & C notice board within the next week. Delivery should be by mid November.

## **HOPE GROUP – TAMALA PARK EXCURSION**

Thank you to all the students that showed an interest in this excursion and sorry to those that missed out. Places filled up very quickly! Everyone that has a seat on the bus should've received a confirmation note by now. If you're uncertain, please look on the P & C notice board for a list of participants.

*Simone Dudley, HOPE Committee Member - 0424 518 944*

## **FAB FOOD**

Please note: 7/11 Subway, 14/11 Pizza, 21/11 Subway, 28/11 Pizza, 5/12 Subway, 12/12 Pizza

An extra slice of pizza is \$1.50.

\*\*\* If an order is made for the wrong item, eg. Pizza on Subway day, children will be given the basic order for that day.

*Jo Johnsen, Coordinator*

## COMMUNITY NEWS

**Go Sailing Day at Hillarys Yacht Club** – This is a free event on Sunday, 9<sup>th</sup> November from 9 am to 1 pm. Come and try the family sailing day in keel boats and dinghies. Call Chris or Mel on 9246 2833.

**Warwick/Greenwood Junior Cricket Club** are looking for boys and girls of all ages. For more information contact Dean Wood on 9447 7211 or 0428 888 042.

**Halloween Disco at Funstation, Whitfords** - Friday, 31<sup>st</sup> October - \$12 entry.

## Goals of “You Can Do It!” Education for All Students

The triangle illustrates that while the world (home, school and community) in which young people grow up in, plays an important role in their supporting success and well-being, unless young people have the following social and emotional strengths, their achievement and adjustment will not be fully realized: Confidence, Persistence, Organisation, Getting Along and Resilience.

Below the triangle is a rectangle containing 12 positive Habits of the Mind (Ways of Thinking) that nourish and support the 5 Foundations. In YCDI, the patterns of thinking that enable young people to manage their own learning, emotions and behaviour represented by the 5 Foundations are made explicit. Extensive theory and research by Albert Ellis, Martin Seligman and other cognitive-behavioural scientists reveals that what fundamentally determines how children achieve and adjust is the “mind-set” they bring with them to life’s experiences. Some bring with them a positive mind-set consisting of well-developed positive Habits of the Mind and associated patterns of positive thinking, feeling and behaving referred to as the “5 Foundations.”

Taken from “You Can Do It!” Website <http://www.youcandoit.com.au/AboutYouCanDoIt/>

